

**EXPLORE. IMAGINE.  
DISCOVER. CREATE.**

At Holy Name's

**LUNCH HOUR  
MINDFUL ART PROGRAM  
Spring Session**

7 classes

Gr 4-6 beginning Wednesdays April 18th- May 31st

Click here to find your school, get more info &  
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[www.stretchingcanvas.ca/classes](http://www.stretchingcanvas.ca/classes)



**Messy Hands**  
Happy Hearts



**STRETCHINGCANVAS**  
YOGA STUDIO & PAINT LOFT